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Today's SDB is contributed by [The Sojourner](#). He is the Founder & Senior Pastor of Sojourner's Fellowships.

"Think About Such Things"

By The Sojourner

[Philippians 4:8-9 \(NIV\)](#) [Philippians 4:8-9 \(KJV\)](#) [Philippians 4:8-9 \(AMP\)](#)

Just Thinking

Have you ever asked someone, "What are you thinking about?" The reply may have been, "Oh, nothing." What they may have actually meant in their reply could have been "nothing of consequence", "nothing that concerns you", or even "nothing I want you to know yet." It is, however, safe to say their mind was not blank or devoid of all thought. Just thinking on a matter is not deep thinking of the matter. There are random thoughts which wander through any mind. It is the thought which stops to set up camp in our minds that can become in or out of synchronization with God's purposes. The scriptures tell us to, "take every thought captive." [2 Cor. 10:5] This means we have control over our thoughts! Thinking can take many forms, such as imaginations, feelings, doubts, reasoning, opinions, speculations, plots, regards, esteemed, intention, suppositions, praying, considering, and comparing, to name a few.

Meditation

Let's look at the specific word used for biblical meditation, *deep thinking*. The word is "siychew." This word carries the meaning of reflection, prayer, devotion, complaint, and musing.

We need to reflect on God's word to understand his meaning. We need to pray both God's word back to him and pray for understanding of God's word. We need to devote our thoughts and ways to God's word. We need to take our complaints to God rather than spread our complaints to others or develop a bitter root. Musing, or deep thought, on God's word is a great way to press into God.

Think On These

Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.

Remember...

We need to always focus on Christ!

The blessings of our Lord on you and all that is yours by blood, adoption or assignment!

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